# **UNWG PROGRAM OF EVENTS 2023**

#### DECEMBER 2023

- December 12 (Tuesday) 15.30 on Zoom Dead Poets Society, Theme: Hope
- December 9 (Saturday) 10.00-17.00, Austria Center Vienna
   UNWG INTERNATIONAL FESTIVAL CHARITY BAZAAR 2023
   There are international gift items for sale, and special foods and drink from around the world. Multinational cultural entertainment for the family will be presented. Open to the public. Entrance is free.
- December 4 (Monday) 10.00
   Book Group Discussion
   "The Paris Library" by Janet Skeslien Charles

#### **NOVEMBER 2023**

- November 29 (Wednesday) 9.30-11.30, VIC F1001/F1075 Voting on 2024 UNWG Board
- November 24 (Friday) 12.00, Kurbadstraße 12, 1100 Wien (U1 Oberlaa stop) Konditorei Oberlaa am Kurpark Luncheon We are having lunch at the famous Konditorei Oberlaa am Kurpark in the 10th district. Afterwards we'll enjoy a stroll through the Kurpark's beautiful gardens. Signup in the UNWG Office.
- November 16 (Thursday) 12.00-14.00, VIC F1040, Gardening Room Plant Sale

Instead of having a stall at the UNWG Bazaar, the Gardening Club will hold a plant sale with all proceeds going to the UNWG Charity Fund.

 November 16 (Thursday) 9.30-11.45, VIC F1001/F1075 Cooking Group: Japan

Our next cooking session will concentrate on Japanese culinary experience. Our member, Nakamura Yoko, with 4 assistants will demonstrate and show us the special way to prepare Japanese delicacies that are nowadays worldwide familiar to us. Sign-up in the UNWG Office. Deadline November 10. Maximum 20 participants. Cost €13 for ingredients and charity donation.

- November 15 (Wednesday) 9.45-11.30, VIC F1001/F1075 General Meeting: 2024 Board Nominees Presentation
- November 14 (Tuesday) 15.30 on Zoom Dead Poets Society, Theme: Hope
- November 14 (Tuesday) 10.00-12.00, VIC F1001/F1075
   Friends & Newcomers Circle: Feldenkrais Methode Awareness Through Movement A training/workshop on the Feldenkrais Methode developed by Dr. Feldenkrais in the

1950s. The new awareness enables us to realize how we move and use our bodies. Also, as we lose old restrictive patterns of movement, we free up our minds and open them to new possibilities. The workshop will be led by Dr. Silvia Szeless. Sign up in the UNWG office, or call Silvia or Philomena.

• November 7 (Tuesday) 11.30 at the Friedhof entrance on Leberstraße 6, 1030 Wien, or 10.40 at the 71 tram stop across from the Staatsoper

Visit to St. Marx Cemetery/Friedhof

Probably most of you have heard of the famous St. Marx Cemetery in the third district of Vienna where one of the most famous Austrian composers, Wolfgang Amadeus Mozart, is buried. Our guide on that day will be Nora Aubert who will lead us and present the history of the cemetery. After the visit we will enjoy coffee, tea, or lunch in a nearby restaurant. Sign up in the UNWG Office. Cost €3 for charity donation.

November 6 (Monday) 10.00
 Book Group Discussion
 "The Country of Others" by Leila Slimani (original: Le pays des autres)

# OCTOBER 2023

October 25 (Wednesday) 9.45-11.30, VIC F1001/F1075
 General Meeting: Women's Health and Well-Being

Dr. Liliana Salaru, Dr. Salma Abdulkjadir, and Johanna Schubert from the VIC Medical Service will present an overview of the unique aspects of women's health, emphasizing the significance of preventive care. They will guide us through the recommended health screenings for women of different age groups; explore what menopause is and its various stages; and address mental health in women, a vital and often overlooked aspect of our lives.

 October (date to be determined based on space availability) 10.00-14.00, VIC Arts and Handicraft Exhibition

We are planning an exhibition of "Arts and Handicrafts" prepared/designed by UNWG members. We have noticed that many of our members have beautiful and interesting talents and hobbies that are worth being presented, admired and encouraged. The information about the exhibit will also be distributed to UN staff members to give them a chance to also visit our exhibition and see the beautiful creations. Exhibitors may also sell their items during the exhibition providing some ratio of the income to the UNWG charity program. Sign up in the UNWG office or contact Shosho <u>unwgactivitychair@gmail.com</u>. More details to follow. Deadline for registration: October 11

 October 19 (Thursday) 10.00, VIC, Conference Room C-1 (2nd floor) Charity Awards Ceremony

All UNWG members are invited to attend the ceremony and are encouraged to wear national dresses/costumes, if possible. Offers of finger foods, savory or sweet, and drinks for the reception will be gratefully accepted. If you are able to contribute to the buffet, please sign up at the office, or email <u>unwgcharityvienna@gmail.com</u>.

October 12 (Thursday) 14.00, Willendorfer Gasse 2-8, 1230 Wien
 SchokoMuseum der Confiserie Heindl
 We will be visiting the Vienna Chocolate Museum presented by Heindl Chocolatier.
 This is a special English guided tour of the museum where we will have the chance

to see how different ingredients are mixed together to form the delicious chocolates, and to taste them. Cost: €15 based on 15 participants. Sign-up in the office. Deadline: October 6

- October 10 (Tuesday) 15.30 on Zoom
   Dead Poets Society, Theme: Faith
- October 2 (Monday) 10.00
   Book Group Discussion
   "One Thousand White Women" by Jim Fergus

#### **SEPTEMBER 2023**

• September 27 (Wednesday) to October 4 (Wednesday)

Discover Armenia: Under the auspices of the Armenian Embassy and Permanent Mission in Vienna

Our trip was initiated by the UNWG under the auspices of the Embassy of Armenia in Austria. We thank the Armenian Embassy, in particular Mrs. H. Harutunian - the wife of the Armenian Ambassador H.E. Mr. Arman Babikian - who prepared the program of our visit and facilitated our arrangements in Armenia. This one-week trip introduced members to the history and cultural heritage of the Armenian people and the natural beauty of the country. We traveled to different regions visiting numerous religious, cultural, and historic sites.

- September 27 (Wednesday) 9.30-11.30, VIC F1001/F1075
   General Meeting: Unveil the Secret of a Fashionable Healthy Living With Dr. med. univ. Mei Li and Master Rick Sue
- September 20 (Wednesday) 11.00-14.30, VIC Rotunda International Luncheon

This successful fundraiser is possible thanks to the kind donations of food and help from the embassies, and the dedication and hard work of our members. To donate, volunteer or for more information, contact Maya at <u>unwgluncheon@gmail.com</u>. Sign up is also available in the UNWG office.

 September 14 (Thursday) 9.30-11.45, VIC F1001/F1075 Cooking Group: Philippines

Our cooks will prepare and present us with some delicious and famous cooking from the Philippines and we are looking forward to tasting enjoying them. Sign up in the UNWG office. Cost €13 for ingredients and charity donation.

• September 12 (Tuesday) 9.30-11.30, VIC F1001/F1075

Welcoming Coffee: Hosted by the Armenian Embassy

We will have the pleasure of having with us the Wife of the Armenian Ambassador to Vienna, Mrs. Elen Harutunian. On the occasion of our 'Discover Armenia' trip from September 27 to October 4 Mrs. Harutunian will give us some highlights of our Armenia trip, and, also present us some of the old Armenian traditional lifestyle and customs, that perhaps still continue till today in a modernized manner. This will follow with Armenian tea and cake.

September 12 (Tuesday) 15.30 on Zoom
 Dead Poets Society, Theme: Safety

September 4 (Monday) 10.00
 Book Group Discussion
 "A Strangeness in My Mind" by Orhan Pamuk

#### AUGUST 2023

- August 25 (Friday) 10.45, Meeting point in front of the Parliament Parliament Building Tour A guided tour of the newly renovated Parliament building. Please remember to have your identity card/passport (no UN badge) with you for security. Children above 14 years of age can join the tour. After the visit we will go to a nearby cafe/restaurant for a drink and lunch. Sign-up in the UNWG office or contact the Activities Chair. Deadline: August 21
- August 9-11 (Wednesday to Friday), VIC Rotunda, 11.00-14.00 Kiosk Summer Sale: special discount on jewelry

# JULY 2023

- July 28 (Friday) 13.00-15.00, F1040 Gardening Room Gardening Club Plant Sale
- July 26 (Wednesday) 12.00-14.30, VIC Rotunda Gardening Club Plant Sale
- July 24-26 (Monday to Wednesday) 12.00-14.30, VIC Rotunda
   Painting Art Exhibition of the Children and Charity Sales (Kiosk, Book & Charity Shops)
   The UNWG is organizing this charity event with other organizations. The opening

ceremony is on Monday, July 24 from 12.00-14.30. The Kiosk, Book Shop and Charity Shop will be selling their products.

 July 19 (Wednesday) 12.00-14.30, VIC Rotunda. co-sponsored with VIC Filipino Cultural Club

"Music for Peace" Concert

 July 5 (Wednesday) 11.15-14.30, Oide Donau, Arbeiterstrandbadstraße 128, 1220 Wien (U1 Alte Donau stop) Summer Luncheon

**JUNE 2023** 

- June 29 (Thursday) 10.30-13.00
  - Friends and Newcomers Friendship Morning

Friendliness and bingo games led by Shosho at Silvia Szeless's apartment. All are welcome! Please register with Silvia or Philomena Ugbor if you are coming.

• June 22 (Thursday) Meeting point: 10.00 at Badner Bahn end station opposite the Bristol Hotel, 1010

Baden bei Wien Day Trip

A day trip by train to the historical and charming town of Baden, which is well known for its many therapeutic mineral bath houses. Sign-up in the UNWG office. Cost €3 donation plus train fare.

• June 15 (Thursday) 9.30-11.45, VIC F1001/F1075

Cooking Group: South Korea A South Korean culinary class with Professor Shim Eun Kyeong. Sign-up in the UNWG office by June 12 (Monday). Cost €10 for materials and charity donation.

- June 14 (Wednesday) 9.30-11.30, VIC F1001/F1075
   General Meeting: Charity Review Committee (CRC) Projects
   At our last meeting before the summer break, the main theme will be a presentation of the CRC projects and voting on them.
- June 13 (Tuesday) 15.30 on Zoom Dead Poets Society, Theme: Sugar and Spice
- June 7 (Wednesday) 9.30-11.30, VIC F1001/F1075 Welcoming Coffee: Hosted by the South African Embassy

• June 6 (Tuesday) 9.30-11.45, VIC F1001/F1075

South Korean Handicraft Workshop with Rosa Kim

Ms. Joo-hee Moon of Ssamzisarang Boudoir Academy in Seoul will showcase several Korean traditional patchworks called Jogakbo. A workshop will follow to sew traditional wrapping pouches with silk material and silk threads. If time permits, a hanging mobile will also be made during the workshop. A jogakbo is a style of patchwork, traditionally used to create domestic wrapping cloths (known as bojagi) from scraps of left-over fabrics. The jogakbo can include several colours composing a modern abstract pattern, or be made of one single color. Sign-up in the UNWG office. Cost €10 for materials and charity donation.

• June 5-9 (Monday to Friday) 11.30-15.00, VIC Cafeteria

**Kiosk Special Sale** 

In honor of World Environment Day, on June 5-6 the Kiosk will be showcasing the possibilities of reusing materials headed for the bin. Reusing old to make new is a thread all year long in what is made at the Kiosk. Raising funds for our charities while producing accessories mindfully is a great incentive. In continuing with the Sustainable Fashion theme of last year, we will be showcasing some textile reusing. From June 7-9 the Kiosk will sell a selection of seasonal wearable items and gifts, also in the cafeteria.

The UNWG lanyards/badge holders made of recycled bottles, will be sold at a reduced price for all June! They are a unique product specially produced for the UNWG.

- June 5 (Monday) 10.00
  - Book Group Discussion

"Everything I Never Told You" by Celeste Ng

• May 24 (Wednesday) 9.30-11.30, VIC F1001/F1075

General Meeting: Fit and Mindful with Flavia Laterman (Yoga teacher) Flavia Laterman has been working with mindfulness since 2016 and is on the way to becoming a certified psychotherapist in Austria (cognitive behavior therapy). She is passionate to find out ways to increase our physical and mental well-being. Flavia approaches mental health in a practical way, offering simple techniques and habit ideas which decrease stress and increase our joy in our life. Please come and enjoy the magical experience!

- May 18 (Thursday) 9.30-11.30, VIC F1001/F1075
   Cooking Group: India
   Anita and Raman will once again give us the pleasure of Indian cooking with their many aromatic spices. Sign-up in the UNWG Office. Cost €10
- May 17 (Wednesday) 9.30-11.30, VIC F1001/F1075
   Welcoming Coffee: Hosted by the Pakistan Embassy
   Mrs. Afshan Khokher, the Pakistan Ambassador's spouse will host this month's welcoming coffee. We will learn about the diverse culture of Pakistan and an ancient art, Kashikari, with a live session from Pakistan.
- May 10 & 11 (Wednesday & Thursday) 11.30-15.00, VIC Cafeteria Kiosk Mother's Day Sale The Kiosk will be selling some special items for Mother's Day.

May 10 (Wednesday) 10.00, Meeting point: Start of the Prater Allee
 A Walk Through the Prater Allee
 Join Rana on a walk down the Prater Allee. The walk can reach "LustHaus" at the end of the Allee if all participants are still fit and happy!! At the end of the walk you can have a good rest for coffee/tee or lunch (partial/optional).

- May 8 (Monday) 10.00
   Book Group Discussion
   "The Capital" by Robert Menasse (original: Die Hauptstadt)
- May 2 (Tuesday) 15.30 on Zoom Dead Poets Society, Theme: Secrets

# **APRIL 2023**

- April 27 (Thursday)
  - Austrian Parliament

A visit to the newly renovated Parliament building. More details to follow. Sign-up in the UNWG office.

• April 26 (Wednesday) 9.30-11.30, VIC F1001/F1075

Welcoming Coffee: Hosted by Tajikistan Embassy

The spring season marks the beginning of a new year in Tajikistan. "Navruz" is celebrated throughout the week with ladies coming together dancing and singing for 24 hours. April is blossoming time when a wide range of flowers add to the beautiful

scenery on the meadows in the lowlands of the Fann Mountains and southern Tajikistan.

- April 20 (Thursday)
  - Cooking Group: India

Anita and Raman will be preparing Indian specialties and invite us to share them. More details to follow. Sign-up in the UNWG Office.

- April 19 (Wednesday) 9.30-11.30, VIC F1001/F1075
   General Meeting: Vienna, Your Host City
   Presentation by Angelica Wölfer of the Vienna Service Office of the many amenities offered by the City of Vienna.
- April 19-21 (Wednesday-Friday) 12.00-15.00, VIC Cafeteria Kiosk: Earth Day in April To celebrate Earth Day, the Kiosk will be selling only sustainable products with a focus on recycled, repurposed and up-cycled.
- April 14 (Friday) 10.15, Meet in front of the Schmetterlinghaus, Burggarten Hofburg, 1010 Schmetterlinghaus (The Butterfly House) Visit the Schmetterlinghaus and afterwards enjoy a coffee/tea in the Palmenhaus next door. Sign-up in the UNWG office.
- April 12 (Wednesday) 18.00, Prater, 1020

Frauen Fun Run 2023 Members of the UNWG walking/running group will be participating in the Frauen Fun Run. Please contact Doris Parker if you are interested in joining the group. Visit the Fun Run's <u>website</u> for more information. The <u>35th Österreichischer Frauenlauf</u> will take place on June 4th.

- April 11 (Tuesday) 15.30 on Zoom Dead Poets Society, Theme: Brunnen (Fountains/Springs)
- April 5 (Wednesday) 10.30-13.00, Meeting point in front of Stephensdom Friends and Newcomers Friendship Morning We will be touring and discovering the hidden treasures of an interesting part of the city. More details to follow. Sign up in the UNWG office.
- April 3 (Monday) 10.00

Book Group Discussion "A Man's Place" - "I Remain in Darkness" - "Happening" - Your choice of 3 books by Annie Ernaux

# **MARCH 2023**

March 29 (Wednesday) 10.00, Schottentor, Opposite the Universität Wien (University of Vienna)

City Walk & Uhren (Clock) Museum Silvia will lead us through the first district and show us some interesting historical spots and their role in higher society. Afterwards we will visit the Clock Museum to see the fabulous arts of clocks that were designed throughout history. Sign-up in the UNWG office. Deadline: March 24 (Thursday)  March 22 (Wednesday) 9.45-11.30, VIC F1001/F1075 General Meeting

Nisreen Mirza, Member Services Supervisor at the VIC's UNFCU will discuss education and guidance when having a UNFCU account.

- March 20 (Monday) Dinner at Café Lalibela, Schulgasse 7, 1180
   Monthly International Restaurant Get-Together
   For March, our second venue for exploring international cuisine is the exquisite food and famous Ethiopian coffee in an Ethiopian restaurant. Family members and friends are also encouraged to join us. Sign-up in the UNWG office or contact Shosho directly. Deadline: March 17 (Friday)
- March 16 (Thursday) 10.00-12.00, VIC F1001/F1075
   Cooking Group: Argentina
   Patricia Esperon will be preparing delicious Argentinian dishes for us. We can watch, learn and assist her during her work. Deadline for sign-up in the UNWG office is March 13. Cost €10
- March 14 (Tuesday) 15.30 on Zoom Dead Poet Society, Theme: Twilight
- March 11 (Saturday) 20.30-23.45, Kulturverein Reigen-live, Hadikgasse 62, 1140
   Classic Rock Concert

Enjoy a classic rock concert with members, spouses, and friends. March 8 deadline for advanced tickets costing €22. (Contact Nora Aubert) Tickets at the venue cost €25.

- March 9 (Thursday) 11.00, Meeting point: the beginning of the Prater Allee, 1020
   Planetarium Prater Visit
   We will view the Solaris Programme and be given a special English tour. Spouses are welcome to join. Sign-up: UNWG office.
- March 8 (Wednesday) 9.30-11.30, VIC F1001/1075
   Welcoming Coffee: Achievements by Sri Lankan Women Hosted by the Sri Lankan Embassy
- March 7-9 (Tuesday-Thursday) 12.00-14.00, VIC Rotunda
   Book Shop Rotunda Sale
   The UNWG Book Shop will be selling donated books in all genres and many languages, plus DVDs & CDs. All proceeds go to support children's charities.
- March 6-9 (Monday-Thursday) 12.00-14.00, VIC Rotunda

Kiosk Rotunda Sale

In celebration of Women's Day, the Kiosk will be in the Rotunda selling handicrafts, jewelry, UNWG logo items, and international goods. In recognition of the Kiosk's 25<sup>th</sup> anniversary, a collection of jewelry was designed by Giana, a Greek Jewelry designer who works with various metal materials, including bronze and silver. These very unique items, designed with the theme of the laurel or olive branches, will also be on sale.

March 6 (Monday) 10.00
 Book Group Discussion
 "Before the Coffee Gets Cold" by Toshikazu Kawaguchi

 March 1 (Wednesday) 10.00-12.00, VIC C-Building, 7th Floor, CR5 Friends and Newcomers Circle Workshop: Woman, who is she?

"March is the Month for women and March 8 is declared 'The International Women's Day'. What does this mean for us? Who is this woman? In a very light-hearted way, we will all take a look at this person called WOMAN. It will be an interactive and participatory workshop. Don't miss it. Contact: Philomena Ugbor

#### **FEBRUARY 2023**

- February 28 (Tuesday) 9.30, Vorgartenstraße U1 Station Walking Along the Danube
- February 22 (Wednesday) 9.30-11.30, VIC F1001/1075
   General Meeting, Vienna Business Agency
   A presentation by the Vienna Business Agency about the services they offer for international companies and expats.
- February 21 (Tuesday) 15.30 on Zoom Dead Poets Society, Theme: Epistolary Poems
- February 17 (Friday) 10.30, IKAT Restaurant, Liechtensteinstrasse 33, 1090
   Monthly International Restaurant Get-Together
- February 15 (Wednesday) 9.30-11.30, VIC F1001/F1075
   Welcoming Coffee Carnival, hosted by H.E. Ambassador Laura Faxas, Dominican Republic
- February 6 (Monday) 10.00
   Book Group Discussion
   "Love in the Time of Cholera" by Gabriel García Márquez

# JANUARY 2023

- January 25 (Wednesday) 9.30-11.30, VIC F1001 General Meeting Annual Report 2022, Installation of the 2023 Board
- January 10 (Tuesday) 15.30 on Zoom Dead Poets Society, Theme: Viewpoint
- January 9 (Monday) 10.00
   Book Group Discussion
   "The Madness of Crowds" by Louise Penny